

Empower Pods

Info pack + application

What is it?

Empower Pods is our brand new programme established to support young people to learn, lead and create in a community-led space.

The project will run for one year and during that time you will be involved in co-producing your own space for making change on tech safety. Supported by a project co-ordinator and pod leader, we will provide free training and workshops on tech and online abuse. At the end of the training, each pod will design their own project - this could be anything from putting on events for other young people, presenting in schools or youth spaces or speaking with people working in the field about how to build safer platforms for young people.

How does it work?

We will establish two Empower Pods:

- Offline: hosted in central Edinburgh with IRL meet-ups on a regular basis
- Online: hosted by a webinar and co-created online community space

The online pod will be meet online on a regular basis and receive training through webinars. Alongside this, we will be creating an online forum where you can chat, share ideas and discuss the work of your group.

The offline pod will be hosted in central Edinburgh. You will meet up in real-life and have the opportunity to build a community space and meet new people.

We will provide:

- Training and workshops in a 5-week block around digital citizenship, tech abuse and support you to co-create a project with your pod team
- Opportunity to co-design solutions to tech abuse in your local community
- Learning in a fun and exciting way around making change and campaigning

The roles

Empower Pod leader (1 for offline pod and 1 for online pod)

Working with the project co-ordinator, the Empower Pod leader will have a key role in designing their community space (whether it's online or offline), support pod members and take responsibility for the project formation.

Commitment:

- This programme spans over the course of 1-year, with a requirement to join each of the training sessions (5 in total) over a 5-week block
- Pod Leader will play an important role and supporting pod members and will act as a key contact for the group following the training
- The Pod Leaders will be the founding member of the Empower Pod projects, with the hope that the programme would grow in years to come!



**Skills:**

- The ability to lead a group of people (or the desire to take on this leadership role!)
- Passionate about tackling online and tech abuse
- Creative with the understanding of communicating to a range of diverse groups

Empower Pod member**Commitment:**

- This programme spans over the course of 1-year, with a requirement to join each of the training sessions (5 in total) over a 5-week block
- Pod members will work alongside other members, co-creating a community space (online or offline!) and coming up with creative solutions to tackling tech abuse

Skills:

- Ability to work alongside like-minded feminists to make change
- Passionate about tackling online and tech abuse
- Confident in inputting creative ideas and suggestions in a community-led space

The Empower Pods programme

This programme will span the course of 1-year and will include a 5-week facilitated training programme. This will be run by an Empower Project co-ordinator and will start in November 2019.

It will cover:

- Confidence building and getting to know each other
- What is tech and online abuse?
- Campaigning and making change
- Visit to makerspace
- What will your Empower Pod create?

Following this training, the onus will be on each Empower Pod to work together (with regular check-ins from the project co-ordinator) to co-create your own project. This could be anything from a campaign plan, event or developing your own training for stakeholders.

If you would like to join us on this very exciting programme, develop your skills and work with new people, you can apply below!

We are planning to launch the programme with recruited Pod Leaders and members at our AGM on October 30th.

There is a small list of criteria you must meet to join the Empower Pods programme:

- Live in Scotland (you aren't limited by geography as you can join our online pod!)
- You are a feminist
- Under 25 (ideally!)
- You're a member of the Empower Project (it just costs £1 to join for the year)

Application



About you

- Name:
- Age:
- Location:
- Contact email/number:

Empower Pods

- Which role do you want to apply to? (*Pod Leader or Member*)
- Are you applying to the offline or online pod? (*Online Pod is hosted through a series of webinars with an online community space and the Offline Pod is hosted in central Edinburgh*)
- Can you commit to attend each of the weekly 5 training sessions?

Your experience

- Why do you want to join the Empower Pod programme? (*max 300 words*)
- What does feminism mean to you and how will you bring your feminist values to the project? (*max 300 words*)
- In everything we do, we are proactive, bold and accessible. Can you tell us how you would adopt our values or what they mean to you individually? (*max 300 words*)

Please send your completed application form to info@theempowerproject.co.uk with the subject header – Empower Pods application

Please note, we will only use your details to contact you about this programme.